

“Journey of Hope: Cultural Orientation for Refugee Women in the United States” is a U.S. Committee for Refugees and Immigrations publication (© 2001?) designed for facilitators addressing the cultural orientation needs of women in particular. The book is separated into six modules; overviews, assessment questionnaires, lesson plans, information, and instructions for activities guide facilitators through the process of addressing each topic in depth over a number of sessions. The book’s modules cover “Applied Life Skills,” “Parenting” (separated into a series on “Parenting Children from Birth through Twelve” and a series on “Parenting Adolescents”), “Child Care,” “Health and Wellness,” “Domestic Violence,” and “Public Benefits and Community Services.” The text also includes a number of appendices on selected topics, as well as a glossary, list of acronyms, section on references and resources, and bibliography.

The publication can be accessed at <http://www.refugees.org/resources/for-refugees--immigrants/cultural-orientation-resources/journey-of-hope-cultural.html>. Each module can be read (or downloaded) there as a separate file in .pdf format. Please note: The “bookmarks” aspect of the web page (allowing the reader to jump to various sections of the module) makes navigating the modules extremely easy.